

# Office of Policy and Prevention

Reducing Chronic Disease by Making
Healthier Choices Easier

### Our Three Focus Areas







#### **ACTIVE LIVING**

Our goal is to increase and improve opportunities for physical activity with a focus on bicycle and pedestrian safety.

#### HEALTHY FOOD SECURITY

Our goal is to increase and improve healthy food environments and consumption of water.

#### TOBACCO-FREE LIVING

Our goal is to increase and improve the number of tobacco-free environments and prevent youth tobacco use.

## We Achieve Our Goals Through...

**POLICY CHANGE** 

Adoption of laws, ordinances, resolutions, regulations, or rules. Policies greatly influence our choices.

SYSTEM CHANGE

Reframing an organization's procedures or processes, which often occurs alongside policy change.

ENVIRONMENTAL CHANGE

Changes to the characteristics of a physical environment that influence healthy behavior.

In the Office of Policy and Prevention we aim to improve the health of our entire community regardless of race, ability, socioeconomic status, identity or zip code. With health equity as a guiding principle, our work focuses on policy, systems and environmental change initiatives designed to prevent death and disability from chronic disease and injury.

For more information, call 980-314-9065.